



DOBUTAMINE STRESS- MYOCARDIAL PERFUSION STUDY

Your doctor has ordered a test to simulate the effects of exercise stress on the heart. The purpose of this test is to identify blockages in the coronary artery system that can put you at risk for a heart attack.

The morning of the test, an IV will be started in your arm and you will receive an injection of a radiopharmaceutical. You will not feel any effects from that drug. After a short wait, you will be placed on a special table where a camera will take pictures of your heart at rest. Following your pictures, you will be taken to a stress lab where you will be administered a slow infusion of dobutamine. This drug will increase your heart rate slowly. You might be asked to perform a low level of activity like moving your legs back and forth. This activity will increase your heart rate and give us a better test. This portion of the test will last about 12 minutes. There are a few side effects to dobutamine, the most common complaint is felling the increased heart rate. Once the test is completed, the infusion of the drug will be stopped and your heart rate will return back to normal within a few minutes.

You will be asked to return in the afternoon to have another set of pictures taken. You can expect to be in our office about 1.5 hours in the morning and 30 minutes in the afternoon.

DUE TO THE LENGTH OF BOTH PORTIONS OF THE TEST, AND THE LAPSE BETWEEN THEM, YOU SHOULD CONSIDER THIS TO BE AN ALL-DAY PROCEDURE AND PLAN YOUR TIME ACCORDINGLY

YOU MUST FOLLOW THESE INSTRUCTIONS:

- NO EATING OR DRINKING AFTER MIDNIGHT ON THE DAY BEFORE THE TEST, EXCEPT FOR WATER. IF YOU ARE A DIABETIC AND YOUR APPOINTMENT IS AFTER 9:00AM, YOU MAY HAVE ONE SLICE OF DRY TOST AND 4 OUNCES OF UNSWEETENED JUICE BETWEEN 6:00 AM AND 7:00 AM.
- DO NOT TAKE MEDICATIONS THAT ARE BETA BLOCKERS 24 HOURS PRIOR TO YOUR TEST. (SEE LIST ON THE REVERSE OF THIS SHEET FOR BETA BLOCKERS) IF YOU ARE DIABETIC, PLEASE BRING YOUR MEDICINE WITH YOU BUT DO NOT TAKE IT THE MORNING OF YOUR TEST.
- WEAR COMFORTABLE CLOTHING. NO DRESSES OR 1 PIECE JUMP SUITS.
- **TO AVOID A \$130.00 FEE, 24 HOUR NOTICE IS REQUIRED FOR CANCELLATION.**

Appointment Information

Date: _____

Time: _____

Follow up Visit

233-3309

Date: _____

Time: _____

Location

Riverdale 770-907-9009

Griffin 770-

Stockbridge 770-692-4000

Jackson 770-504-1313

A List of Beta Blockers

<u>BRAND NAME</u>	<u>GENERIC NAME</u>
BETAPACE	SOTALOL
BLOCADREN	TIMOLOL
CARTROL	CARTEOLOL
COREG	CARVEDILOL
CORGARD	NADOLOL
CORZIDE	NADOL
BYSTOLIC	BENDROFLUNETAZIDE
INDERAL	PROPRANOLOL
INDERIDE	PROPRANOLOL/HCTZ
KERLONE	BETAXOLOL
LEVALOL	PENBUTOLOL
LOPRESSOR	METOPROLOL
NORMODYNE	LABETALOL
SECTRAL	ACEBUTOLOL
TENORETIC	ATENOLOL/HCTZ
TENORMIN	ATENOLOL
TIMOLIDE	TIMOLOL/HCTZ
TOPROL	METOPROLOL
TRANDATE	LABETALOL
VISKEN	PLNDOLOL
ZEBETA	BLSOPROLOL
ZIAC	BISOPROLOL/HCTZ

EYE DROPS CONTAINING BETA BLOCKERS

<u>BRAND NAME</u>	<u>GENERIC</u>
BETAGAN	LEVOBUNOLOL
AK BETA	LEVOBUNOLOL
BETOPTIC	BETAXOLOL
OPTIPRANOLOL	METIPRANOLOL
OCUPRESS	CARTEOLOL
TIMOPTIC	TIMOLOL