



PERSANTINE THALLIUM
(PERSANTINE® DUAL-ISOTOPE TEST)

Your physician has ordered a Persantine Dual-Isotope Test. This test gives the physician important information regarding the flow of blood to your heart muscle. Depending on the results, changes in your treatment plan may be necessary, and/or additional testing may be required. You will have an IV inserted into your arm for the administration of one isotope, thallium-201. After a brief waiting period, a set of scans will be taken of your heart at rest. After the scans, you will be injected with a chemical that mimics the effect of exercise on the heart. At your peak heart rate you will be injected with the second isotope, Myoview® (technetium-99m). Please report any chest pain, weakness, nausea or shortness of breath to the technician. After the first session is complete, you will go to lunch, returning three hours later to complete the last set of scans. This portion of the test will take approximately 30 minutes to complete.

Due to the length of both portions of the test, and the lapse between them, you should consider this to be an all-day procedure and plan your time accordingly.

PERSANTINE® DUAL-ISOTOPE TEST INSTRUCTIONS:

You must follow these instructions to ensure accurate testing.

- No eating, drinking or smoking after midnight on the day before the test. **If you are diabetic and your appointment is after 9:00 a.m.,** you may have one slice of dry toast and 4 ounces of unsweetened juice, between 6:00 a.m. and 7:00 a.m.
- Have no caffeine products (i.e., colas, teas, chocolates) 24 hours prior to testing.
- You may drink water.
- Take all other medications as scheduled, unless you are diabetic. If you are diabetic, take your medication (not insulin) only if your appointment is after 9:00 a.m. and you have eaten (see above). If you have any additional questions, please contact the office that you are having your test performed at.
- Wear comfortable shoes and clothing (tennis shoes preferred; no dresses).
- Take no medicines containing theophylline 48 hours prior to the test.
- **To avoid a \$130.00 fee, 24 hour notice is required for cancellation.**

Appointment Information

Date: _____

Time: _____

Follow up Visit

233-3309

Date: _____

Time: _____

Location

Riverdale 770-907-9009

Griffin 770-

Stockbridge 770-692-4000

Jackson 770-504-1313

