



**STRESS THALLIUM**  
**(DUAL-ISOTOPE TREADMILL TEST)**

**Your physician has ordered a Dual-Isotope treadmill Test.** This test gives the physician important information regarding the flow of blood to your heart muscle. Depending on the results, changes in your treatment plan may be necessary, and/or additional testing may be required. You will have an intravenous line (IV) inserted into your arm for the administration of one isotope, thallium-201. After a brief waiting period, a set of scans will be taken of your heart at rest. After the scanning, you will be hooked to electrodes, to monitor your heart as you walk on the treadmill. This will begin slowly, but gradually increase, depending on your ability. It is important that you exercise as best you can. At the peak of the exercise, you will be injected with the second isotope, Myoview® (technetium-99m) and asked to continue exercising an additional one to two minutes. Report any chest pain, weakness, or shortness of breath to the technician. After the treadmill session is complete, you will go to lunch, returning three hours later to complete the last set of scans. This portion of the test will take approximately 30 minutes to complete.

**Due to the length of both portions of the test, and the lapse between them, you should consider this to be an all-day procedure and plan your time accordingly.**

**DUAL ISOTOPE TEST INSTRUCTIONS:**

You must follow these instructions, to ensure accurate testing

- No eating, drinking, or smoking after midnight, on the day before the test. If you are diabetic **and your appointment is after 9:00 a.m.**, you may have one slice of dry toast and 4 ounces of unsweetened juice, between 6:00 a.m. and 7:00 a.m.
- Have no caffeine products (i.e., colas, teas, chocolates) 24 hours prior to testing.
- You may drink water.
- Do not take beta-blocker medications on the day of the test.
- Take all other medications as scheduled, unless you are diabetic. If you are diabetic, take your medication (not insulin) only if your appointment is after 9 a.m. and you have eaten (see above). If you have any additional questions, please contact the office that you are having the test performed at.
- Wear comfortable shoes and clothing (tennis shoes preferred; no dresses).
- **To avoid a \$130.00 fee, 24 hour notice is required for cancellation.**

**Appointment Information**

**Date:** \_\_\_\_\_

**Time:** \_\_\_\_\_

**Follow up Visit**

**233-3309**

**Date:** \_\_\_\_\_

**Time:** \_\_\_\_\_

**Location**

**Riverdale 770-907-9009**

**Griffin 770-**

**Stockbridge 770-692-4000**

**Jackson 770-504-1313**

## A List of Beta Blockers

<u>BRAND NAME</u>	<u>GENERIC NAME</u>
BETAPACE	SOTALOL
BLOCADREN	TIMOLOL
CARTROL	CARTEOLOL
COREG	CARVEDILOL
CORGARD	NADOLOL
CORZIDE	NADOL
BYSTOLIC	BENDROFLUNETAZIDE
INDERAL	PROPRANOLOL
INDERIDE	PROPRANOLOL/HCTZ
KERLONE	BETAXOLOL
LEVALOL	PENBUTOLOL
LOPRESSOR	METOPROLOL
NORMODYNE	LABETALOL
SECTRAL	ACEBUTOLOL
TENORETIC	ATENOLOL/HCTZ
TENORMIN	ATENOLOL
TIMOLIDE	TIMOLOL/HCTZ
TOPROL	METOPROLOL
TRANDATE	LABETALOL
VISKEN	PLNDOLOL
ZEBETA	BLSOPROLOL
ZIAC	BISOPROLOL/HCTZ

## EYE DROPS CONTAINING BETA BLOCKERS

<u>BRAND NAME</u>	<u>GENERIC</u>
BETAGAN	LEVOBUNOLOL
AK BETA	LEVOBUNOLOL
BETOPTIC	BETAXOLOL
OPTIPRANOLOL	METIPRANOLOL
OCUPRESS	CARTEOLOL
TIMOPTIC	TIMOLOL