

## **PATIENT INSTRUCTIONS FOR IMPLANTABLE DEFIBRILLATOR**

You are to have nothing to eat or drink after midnight the night before your procedure. If your procedure is scheduled in the afternoon you may have a light breakfast before 6 am. Dry Toast and juice are OK.

Take your regular scheduled medications the morning of the procedure. Hold all diabetic medications the morning of the procedure.

Take a list of your medications with you to the hospital.

If you take Plavix and or Aspirin you must hold this medication \_\_\_ days before the procedure.

If you take Coumadin (Warfarin) you must come off of it before the procedure. Please notify us if you do take this medication. Your physician will let you know when to hold the medication as every patient is different.

You must hold Coumadin \_\_\_ days prior to the procedure.

You will be staying overnight and someone will need to be available to drive you home the day after the procedure they will not let you drive by yourself. If you are to use a CPAP (breathing machine) at night you will need to bring this equipment with you as they will not be able to provide this to you during your stay.

Make sure you have a follow-up appointment with your physician. If you can not make this appointment time or date please contact 770-692-4000 if you are seen in the Stockbridge office or 770-907-9009 if you are seen in the Riverdale office, as soon as possible.