

PATIENT PRE-PROCEDURE INSTRUCTIONS FOR EP Study and/or Ablation

You are to have nothing to eat or drink after midnight the night before your procedure. If your procedure is scheduled in the afternoon you may have dry toast and juice prior to 6 am.

Take a list of your medications to the hospital with you.

You must hold your _____ , _____ days prior to the procedure.

If you take Plavix and/or Aspirin you must continue these.

If you use Insulin you must half your dose the morning of the procedure. Any other Diabetic meds must be held the day of the procedure.

If you take Coumadin (Warfarin) you must come off of it before the procedure. Please notify us if you do take this medication. Your physician will let you know when to hold your medication as each patient is different. You must stop Coumadin _____ days prior to the procedure.

All other medications may be taken as usual.

You may be staying overnight so take a bag of personal belongings with you.

Someone will need to be available to drive you home. It is recommended that you not drive for 48 hours after the procedure. No strenuous activity is recommended for 48 hours after the procedure.

Make sure you have a follow-up appointment with your physician to go over your results. If you can not make this appointment time or date please call 770-692-4000 for Stockbridge patients or 770-907-9009 for Riverdale patients as soon as possible.